

Training Kit Size Guide



Training Tee			Training Shorts			RL Shorts	
	Length	Full Chest	Length	Hip	Waist	Length	Waist
2	47	65	28.5	72	38	23	40
4	50	70	30	77	40.5	23.5	43
6	53	75	31.5	82	43	24	46
8	56	80	33	87	45.5	24.5	49
10	59	85	34.5	92	48	25.5	52
12	62	90	36	97	50.5	26	55
14	65	95	37.5	102	53	27	58
XS	68	100	39	107	56	27.5	63
S	70.5	105	40.5	112	59	28	67
M	73	110	42	117	62	29	70
L	75.5	115	43.5	122	65	29.5	73
XL	78	120	45	127	68	30	76
2XL	80.5	125	46.5	132	71	31	78
3XL	83	130	48	137	74	32	80

Sport Program Uniform Requirements

- All TSDP & Sydney FC training kit and singlets can also be worn for PE practical as well as TSDP training.
- Students have the option of a training singlet in hot weather.
- Winter jackets are a soft shell with polar fleece lining and can be worn as everyday school uniform. They are also suitable for early morning winter training sessions.
- Winter tracksuit is available at Figtree Lowes. It can be worn as everyday school uniform and to games/events.
- Sizes are unisex and range from kids 10 / 12 and then they move into adult sizes.
- It is recommended that students have at least 2 shirts due to the large number of practical sessions per week.
- All Football students receive a shirt and short set as part of their fees. It is recommended that extra sets are purchased.
- All team playing kits, jerseys, dresses, playing singlets, etc are supplied by school.

Basketball	General Training Kit Reversible Training Singlet supplied
Football	Football Kit or Sydney FC Training Shirt Sydney FC Training Short Navy Blue socks
Hockey	General Training Kit Navy Blue socks
Netball	General Training Kit
Rugby League & Union	Rugby League & Union Kit or Training Shirt Training Shorts Playing Shorts Navy Blue socks TSDP Hat only to be worn at training
Surfing	General Training Kit
Touch & Tag	Training Shirt Training Shorts Playing Shorts Navy Blue socks

TSDP Training Uniform

<p>TSDP Training Shirt</p>		<p>KIDS 10</p>	<p>\$30 each</p>
<p>TSDP Training Shorts</p>		<p>KIDS 12</p> <p>KIDS 14/XS</p>	<p>\$30 each</p>
<p>TSDP Singlet</p>		<p>S</p> <p>M</p> <p>L</p> <p>XL</p> <p>XXL</p>	<p>\$30 each</p>
<p>Rugby League & Union Playing Shorts</p>		<p>XXXL</p>	<p>\$25 each</p>
<p>Sydney FC Football Kit</p>		<p>K10 – 3XL</p>	<p>\$35 each</p>
<p>Playing Pro-skin Socks – RL, RU, H, T&T & FB</p>	<p>Plain Navy blue</p>	<p>Youth</p> <p>2-8</p> <p>8-11</p> <p>11-14</p>	<p>\$15 each</p>
<p>Winter Jacket</p>		<p>K10 – 3XL</p>	<p>\$70 each</p>
<p>TSDP Trucker Hat</p>		<p>One size</p>	<p>\$15 each</p>





Illawarra Sports High School 2020 TSDP Training Uniform Order Form

*Uniform is not given unless fully paid.
Everyday school uniform is at Lowes Figtree.*

NAME: _____ **YEAR:** _____

SPORT: _____

SINGLE UNIFORM ITEMS	COST	SIZE	QTY	TOTAL
Training Shirt	\$30			
Training Shorts	\$30			
Training Singlet	\$30			
Rugby League/Union Shorts	\$25			
Navy Playing Socks	\$15			
Winter Jacket	\$70			
Sydney FC Training Shirt	\$35			
Sydney FC Training Shorts	\$35			
TSDP Cap	\$15			
WHOLE KITS	COST	SIZE	QTY	TOTAL
General Training / PE Kit Training shirt Training shorts Hat, water bottle, boot bag	\$80	Shirt size -		
		Shorts size -		
Rugby League & Union Kit 2x training shirts 1x training shorts 1x playing shorts Playing socks Hat, water bottle, boot bag	\$150	Shirt size -		
		Shorts size -		
		Playing shorts size -		
		Socks size -		
Football Training Kit Syd FC Shirt Syd FC Shorts Training socks Water bottle, boot bag	\$80	Shirt size -		
		Shorts size -		
		Socks size -		
TOTAL		\$		

