

Talented Sports and Development Program FREQUENTLY ASKED QUESTIONS

What sports programs are on offer?

Rugby League	Rugby Union	Touch & Tag
Hockey	Basketball	Netball
Sydney FC Football	Surfing	Cricket (new in 2022)

Who are the coaches?

All our coaches are highly qualified and experienced. Some sports have external coaches; other sports have teachers as the coach. Many of our staff are also Strength and Conditioning, Sports Trainers and First Aid Officers.

Will training for my sport impact on my learning?

No, your child attends the same number of hours as any other student in any other school. TSDP acts as an elective subject in years 7 to 10.

How many times a week do we train?

Students in years 7 to 10 train 3 times per week. Two afternoons a week (during school time – periods 5&6) and one early morning session per week. Year 11 & 12 do 2 sessions, one afternoon and one morning. The S&C gym is open at recess three times a week.

How does my child catch up missed school work if they are away for games or competitions?

ISHS has Academic Mentors who are allocated time in the Learning Centre to assist students with catching up on schoolwork missed. Although students are ultimately responsible for catching up on missed work, teaching staff are supportive and allow extra time to complete assessments.

What does my child learn in the sport workshops?

TSDP students may attend many workshops; such as Sports Performance Psychology, Performance Nutrition, Careers in Sports and many other guest speaker sessions.

How does the school communicate with the families?

Facebook – Illawarra Sports High TSDP.

School App - search for Illawarra Sports HS on Apple or Android.

Mrs Child is the main point of contact for all sport related issues.

Is there a fee involved?

Yes. TSDP is a user pays program with fees kept to a minimum. The annual fee ranges from \$300 to \$1200, plus transport costs for various competitions and events. Fees are payable in instalments and limited Financial Hardship Scholarships are available. No refunds can be issued if you choose to leave, are injured or are removed from TSDP.

What competitions do we play in?

Depending on the sport program, students will have many opportunities to represent their school in competitions, gala days, knockouts and games. We do play some local schools and in local competitions, however most of our sports play against Sydney Sports Highs and private schools in the top tier competitions.

How do I apply?

Year 6

Step 1. Year 6 trials are held in April, a second trial is held in August.

Step 2. Primary schools are emailed a teacher reference.

Step 3. Accepted students will then be sent an application pack.

Step 4. Letters of acceptance are posted mid-term 2.

7 to 12

Students in years 7 to 12 must complete an application form, attend a training session as a trial and have an interview with the Director of Sport and the Deputy Principal.

I'm not in a rep team – does that matter?

Students need to demonstrate a high standard of sporting potential, high level of fitness, 'coachability' and positive attitude at a trial. Students must be currently registered/enrolled in a community or representative club. Students must also demonstrate a positive school record.

What are the expectations of TSDP?

- Attend all training sessions and be prepared. Bring a note if injured.
- Wear full school uniform.
- Participate in school carnivals.
- Pay all fees.
- Maintain excellent attendance and a high standard of academic achievement and behaviour.

How do I get to school?

ISHS students who live out of area can catch a train and/or bus – all free on an Opal card.

Is there a Gifted and Talented class?

Yes, students are able to qualify for the TAP class (Targeted Academic Program) class for gifted students. Contact school to apply to sit the entry test.

FOR MORE INFORMATION

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App – search for Illawarra Sports High School in your app store.

Like us on Facebook – Illawarra Sports High TSDP

Website – illawaspor-h.schools.nsw.gov.au