



Education & Communities

Public Schools NSW



# ILLAWARRA SPORTS HIGH SCHOOL

2016 School Prospectus

[www.illawaspor-h.schools@det.nsw.edu.au](http://www.illawaspor-h.schools@det.nsw.edu.au)



Illawarra Sports High School is the only selective sports high school in the Illawarra-South East Region and provides both a comprehensive education for local students as well as catering for the special needs of elite sporting students who apply to attend our school each year.

Illawarra Sports High is situated on the northern shore of Lake Illawarra. 2016 enrolment is 708.

We set high expectations for students and staff thereby encouraging students to maximise their potential academically and socially and to pursue their individual talents, be that in English, Mathematics, Sport, HSIE, Visual Arts, Foreign Languages, Technology and Applied Studies (TAS), TABS, IT or Music. We do this by providing opportunities to develop skills that contribute to positive values and attitudes in preparation for learning while at school and as life long learners.

Our school provides the students of the Illawarra, and further afield, with the Talented Sports and Development Program. This program provides opportunities for elite athletes in a variety of selected sports. These sports include both individual and team sports for male and female athletes.

We promote high expectations for everyone associated with our school and have gained excellent support from the parents in our school community. Exclusive pathways and support from the University of Wollongong, TAFE NSW, St George Illawarra Dragons, Wests Leagues Club and Dapto Lions club, have provided valuable assistance and pathways for our students.

**Raechel McCarthy**  
Principal



**“We set high expectations for students and staff thereby encouraging students to maximise their potential academically and socially and to pursue their individual talents.”**

**Raechel McCarthy**  
Principal



**2016 Senior SRC Leadership Team**

**Illawarra Sports High School**  
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## About Our School

Illawarra Sports High School was established in 1956, the year of the Olympic Games in Melbourne. The Olympic circle on the school badge is a reminder of that event. The school was opened in temporary buildings in Smith Street, Wollongong, in 1957 with 320 pupils and 12 teachers. In January, 1958 the original concrete buildings were occupied, but were only completed that year. The library and new common room area were first used by the school late in 1992.

The school was designated as the Sporting High School for the Illawarra in August, 1996 and renamed Illawarra Sports High School in October, 1998.

The School colours of green, red and gold were chosen by the original staff and students. The green represents the countryside, the gold the wealth of the area, and the red the Illawarra Flame.



## Integer Vitae—*the wholeness of life*



### The School Badge

**The gold star** of the badge is meant to represent the Australian star.

**The six points** of the star represent the original six primary schools which first sent students to Illawarra Sports High School.

**The boomerang** recognises the Aboriginal people of the Illawarra.

**The motto** 'Integer Vitae' is Latin for 'The wholeness of life' and sets out the school's original objective; 'to cultivate every aspect of the young person'.

The circle on the badge also represents this completeness of purpose.

The wreath was added to acknowledge the change to a Sports High School.



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# School Structure

## School Uniform

Illawarra Sports High School prides itself on the promotion of a full school uniform for all students.

Details of the various uniform components can be found on the school's website. The current supplier is Poppets Direct, an award winning Illawarra company that produces quality clothing at reasonable prices.

The school also offers limited support for disadvantaged families to assist them in maintaining the school uniform standards for their students. Application for assistance can be obtained from the Front Office and will be assessed by the Deputy Principals.

A strict adherence is especially required for footwear as Work Health and Safety requirements state that all participants in practical subjects must wear appropriate protective clothing. This is extended to the whole school for the protection of all students.

## Deputy Principals



Michael Gerritsen

Kylie Wood

Chris Meizer

## School Communication/Media

In keeping with our green policy, we have developed a school app to ensure our school community is well informed.



To download the app go to our school website:

[www.illawaspor-h.schools.nsw.edu.au/newsletters-notes](http://www.illawaspor-h.schools.nsw.edu.au/newsletters-notes) click on the link to download the school app to your Android or Iphone/Ipad or click on the link to subscribe to receive our newsletter/notes via email. Each school year has a folder within the app to assist our community with news of current events. In the event of emergency push alerts can be sent.

We have also have a school facebook page, Like our page to keep informed.



## Student Representative Council

Council representatives are elected each year by their peers and staff. There are a total of 30 students, including an Aboriginal representative student, from across the school. They meet every day at roll call where they receive public speaking and leadership training, and the senior representatives meet weekly for morning tea with the Principal. The role of the SRC is to:

- Contribute to and participate in decision-making in their school
- Assist with school Presentation Days and host school and year assemblies.
- Fundraise for charities and students through various activities.
- Encourage students to be active citizens of the school community and have their ideas and opinions routinely sought and respected.
- Attend National Leadership Days and regional camps.

## School Times

School starts at 8:25am with roll call and finishes at 2:45pm Monday, Tuesday Thursday and Friday. Wednesday finish time is 1:55pm.

A whole school assembly is held each Monday Week A before recess and Year meetings are held every Monday Week B.

Punctuality is expected of all students at ISHS.

## Elouera

Illawarra Sports High has 4 autism support classes known as Elouera. These students are an integral part of our school community and a student mentor program has been established where mainstream students volunteer lunch and recess time to provide peer support for our Elouera students.



Don Woods Photography



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# 10 Reasons Why ISHS

## 1 Examination Results

The school allocates Year 10 grades in English, Mathematics, Science, Geography and History. Year 11 students are awarded grades based on performance descriptors. HSC results have seen our best students gaining entry to Vet-Science, Arts-Law, Mathematics, Commerce, Health Science, Journalism, entry to the defence forces, and double degrees combining Foreign Languages with Engineering or Human Resources. For the past 10 years, students have received excellent University Entrance scores. In 2012, School Captain, Blake Osmond received an ATAR of 96.9 and a \$100,000 scholarship to UNSW to study ARTS/Law.



## 2 Talented Sports Development Program

Our school offers an extensive array of subjects beyond the mandatory school curriculum and an extensive variety of Senior School courses to cater for traditional academic career paths and sports related Tertiary Studies. As a specialist high school all sport related courses and coaching are integrated into the school day. There is a large range of sports-related elective programs in addition to traditional non-sport electives.



## 3 Unique Facilities and Transport Infrastructure

Funding, as a specialist high school, has provided the school with a variety of facilities second to no other public school in the region. The school also has a network of minibuses used to transport students to events ( whole school, not specific to sport ) and also provides a pick-up and drop-off bus service to Unanderra and Cringila train station for students who are out of area.

## 4 Volunteer Program

The Student Technology Leaders Program allows students who are interested in a career in IT to take a major leadership role in the school. Students create and deliver staff and student workshops to improve ICT skills and perform IT roles in the school: e.g. sound and lighting for Berkeley's Got Talent. Mrs Wood, Deputy Principal, also coordinates a student volunteer program for students serving in our Healthy School Canteen.

## 5 Literacy and Numeracy

State-based NAPLAN tests provide a basis for assessing literacy and numeracy levels. ISHS has included four timetabled periods per teaching cycle for students in Year 7 and 8 to respond to their progressive results measured by NAPLAN and provide additional support and teaching strategies to improve results in literacy and numeracy.



## 6 Targeted Academic Programs (TAP)

There is one TAP class (Targeted Academic Program) for academic high achievers in each year group 7-10. These classes focus on higher order thinking tasks and teaching students thinking tools to extend their ability across all key learning areas. The TAP coordinator also organises whole day extension workshops across the year groups in Drama, ICT and other areas of the curriculum.



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# 10 Reasons Why ISHS

## 7 Student Welfare

ISHS is a PBL school. PBL stands for Positive Behaviour for Learning. The PBL program is all about equipping students with the social and behavioural skills required, so they can become respectful and responsible learners. One of the main focuses of our PBL program is to reward students who consistently do the right thing at school. For these students we have our achievement program. Students collect VIVO points that allow them to work towards categories; Silver, Gold and Diamond. Students who reach these categories are rewarded with certificates and excursions each semester. For those students who experience difficulty with their behaviour or learning, the PBL program provides a comprehensive system of support and interventions. Students are monitored and mentored by experienced staff and have access to a comprehensive range of support programs both within and outside of the school including the Year 7 Peer Support Program

## 8 Asia Literacy Program

All Australian schools are to be linked to a school in Asia to support Asian language studies. Illawarra Sports High School is leading the way with our sister school partnership with MT Jamsaren School in Surakarta, Indonesia. Illawarra Sports High School is one of 80 schools around Australia embarking on a ground-breaking intercultural understanding project aimed at building a permanent bridge between our two cultures. The BRIDGE project - Building Relationships through Intercultural Dialogue and Growing Engagement was the only Australian entry shortlisted in the final 20 projects in the United Nations /BMW Award for Intercultural Innovation. This is a testament to the ground-breaking work being undertaken through BRIDGE. Initiated by the Australia-Indonesia Institute and the Asia Education Foundation, our school partnership project is funded by the Myer foundation and the Australian Government, through AusAID. School education needs to equip our young people to resolve global issues and in particular, breakdown stereotypes. To do this we need to work with our closest neighbours, speak each other's languages and understand our similarities and differences. BRIDGE aims to go beyond the classroom into communities and families, developing long-lasting connections. Illawarra Sports High School participates in Bottle for Botol, a program that raises money to encourage recycling in Indonesia. ISHS is proud to be acknowledged as an Access Asia School.

## 9 Citizenship and Self-Improvement



The school SRC participates regularly in Leadership Forums, the Young Leaders National Convention, The 'Friendship for Life' ceremony (Gallipoli), Rotary and Lions Competitions. Year 10 are trained in Leadership Skills, Year 11 with Study Skills, Stress Management and Self-Analysis programs. The school also offers a homework centre where students are supervised to get homework completed or do extension reading within their chosen fields of interest.

Illawarra Sports High students participate in regional debating competitions and the Lions Youth of the Year competition.

## 10 Southern Stars, Berkeley's Got Talent, School Band and Choir

Got Talent in the school hall.

The school also participates in the regional Southern Stars Arena Spectacular.

Band students are tutored by teachers from the Wollongong Conservatorium of Music and the school choir practices every Monday.



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# Curriculum Structure

## STAGE 4 Years 7 & 8

The transition between primary school and high school requires a level of adjustment for all students. The program in Year 7 is designed to limit stress on students and build on the knowledge and skills developed in primary school.

Students remain in their base class for all subjects throughout the year except for Technology and Visual Arts. Base classes consist of the TAPs class, mixed ability classes and a literary class.

The subjects studied in Year 7 and 8 are shown in the adjoining table. These are approximately 50 minute periods over a two week cycle with the number of lessons per cycle shown.

ENGLISH	8
MATHEMATICS	8
SCIENCE	8
HUMAN SOCIETY AND ITS ENVIRONMENT History and Geography components	6
TECHNOLOGY MANDATORY	6
VISUAL ARTS	3
MUSIC <i>Year 7 Only</i>	6
LANGUAGES <i>Year 8 Only</i>	6
ENRICHMENT Literacy, Numeracy or TSDP	4
<b>PERSONAL DEVELOPMENT/HEALTH</b>	
PE	5
SPORT	4

## STAGE 5 ROSA Years 9 & 10

Throughout this stage students are still required to study mandatory subjects: English, Mathematics, Science, History, Geography and PDHPE.

The rest of the students' study pattern is made up of electives. The elective programs offered change from year to year, as demand requires. Students choose **THREE** electives. **TWO** Board of Studies required electives and **ONE** interest elective. Currently in Year 9 and 10 students are studying:

### BOARD REQUIRED

Commerce, Computing Studies, Electronics, Food Technology, Graphics, Industrial Technology Metal, Industrial Technology Wood, Multi Media Studies, Music, Physical Activity and Sports Studies, Textiles Technology, Visual Arts.

### INTEREST ELECTIVE

Basic Catering, Child's Play, Computer Applications, Engineering, Exploring the World of Mathematics, Forensic Science, French, Spanish, Fun with Fabrics, History, Preparation and Sporting Performance, Talented Sports Program (compulsory for TSDP students), Technology Electronics, Metalwork, Woodwork, Drawing.

## STAGE 6 Years 11 & 12 Preliminary and Higher School Certificate

Students in Stage 6 have the opportunity to study the following courses.

### English

Standard, Advanced, Extension 1 and Extension 2

### Mathematics

General Mathematics, Mathematics and Extension

### Science

Biology, Chemistry, Earth and Environmental Science, Physics, Senior Science

### Human Society and Its Environment (HSIE)

Ancient History, Business Studies, Economics, Geography, Legal Studies, Marine Studies, Modern History, Society and Culture

### Technology and Behavioural Studies (TABS)

Community and Family Studies, Exploring Early Childhood, Food Technology, Hospitality

### Industrial Arts

Engineering Studies, Industrial Technology, Information Processes and Technology, Construction

### PDHPE

Personal Development, Health and Physical Education, Sport Lifestyle and Recreation, Sports Coaching

### Visual Arts

Visual Arts, Photography, Visual Design, Music (currently correspondence)



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# Talented Sports and Development Program

The Talented Sports and Development Program offers many opportunities that do not exist at other comprehensive schools. Elite competitions for sports high schools only .

- Fully qualified, high quality, external coaching during school hours
- Access to excellent facilities such as a two court indoor stadium and a fully equipped strength and conditioning centre.
- Strength and conditioning coach for all sport programs
- Lectures and practical lessons at UOW
- Sports Leadership program
- Mini bus shuttle for out of area students
- Exclusive TSDP uniform and training attire
- Access to extra support to ensure academic progress is not hindered due to sporting commitments
- Physical Therapy Physiotherapist

## TSDP Inclusive Curriculum

**In Years 7 & 8** an enrichment program combining sport training and literacy and numeracy activities are offered to improve the performances of students in their chosen sport. This occurs during three timetabled periods and Thursday sport afternoon.

**In Years 9 & 10** students have the opportunity to study their chosen sport over six periods per two week cycle. The students are timetabled for training and also complete related theory work.

Students in Year 11 and 12 are able to study Certificate II VET Sport Coaching combining this with their training on a Thursday sport afternoon.

### Offered Sports

Football, Rugby League, Netball, Basketball, Baseball and All Codes (AFL, Oztag, Rugby League, Rugby Union, Touch and Track & Field) and Surfing.



2015 U13's Boys Rugby League  
Country Cup Champions

## Sporting Hall of Fame (Representative history)

### ATHLETICS

Ryan Gregson (National & Junior World Championships – competed at 2012 London Olympics)

### AFL

Aiden Riley (Adelaide Crows)

### BASEBALL

Jarrett Commane (NSWIS)  
Julia Fellows (Australian Womens Open)  
Romea Fellows (Australian Womens Open)  
Blake Hanley (NSWIS)

### BASKETBALL

Jessica Duncan (NSW Country Basketball for Students with a Disability)  
Talor Goodall (Wollongong Hawks)  
Chris Jackson (College USA)  
Daniel Jackson (Wollongong Hawks)  
Anthony Labka (Australian All Stars Team)  
Kane Riley-Henderson (Wollongong Hawks)  
Deanne Tonkin (College USA)

### BIKE RACING

Daniel Lavis (NSW Champion Downhill Bike Racing)

### FOOTBALL

Caitlin Foord (Australian Matildas, Sydney FC)  
Corey Gamiero (Fulham FC, UK)  
Holly Ginger (Australian School Girls Soccer)  
Vanessa Mann (College USA)  
Justin Pasfield (Sydney FC)

### IRONMAN

Matt Hiesley (Australian Titles)

### KARATE

Chantelle Gibson (Australian Kyokushin Karate Champion)  
Alex Milway (NSW Gold and Silver medallist in Karate)

### NETBALL

Louisa Peralta (Sydney Swifts)  
Paula Peralta (Sydney Swifts)

### RUGBY LEAGUE

Jack Bird (Cronulla)  
Aidan Day (Brisbane)  
Damien Cook (Penrith)  
Rhys Hanbury (Wests)  
Jackson Hastings (Easts)  
Beau Henry (St George Illawarra)  
Josh Kent (Canterbury)  
Keith Lulia (Newcastle)  
Trent Merrin (St George Illawarra)  
Pat Moulton (Wests)  
Travis Roche (St George Illawarra)  
Josh Starling (South Sydney)  
Brett Stewart (Manly)  
Glenn Stewart (Manly)  
Luke Turner (Canterbury)  
Joe Vickery (St George Illawarra)  
Shannon Wakeman (St George Illawarra)

### RUGBY UNION

Andrew Barrett (NSW Waratahs)

### SWIMMING

John Neall (Bronze medallist Australian Open Water Swimming Championships)

### TAEKWONDO

Jo Campbell (Gold NSW Taekwondo)  
Daniel Gutierrez (Silver NSW Taekwondo)  
Elicia Tjong (State Champion Taekwondo)

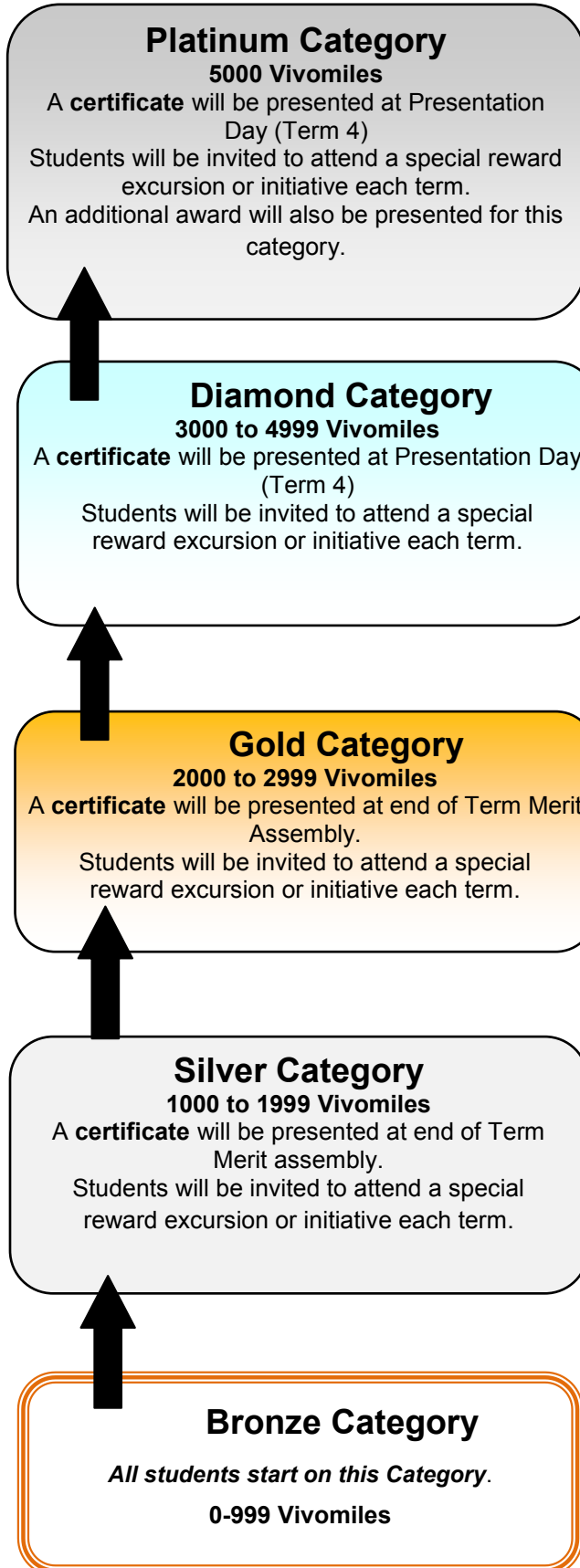


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# Rewards System

## Acknowledgement of Positive Behaviour and Achievements



## Student Welfare

Student Welfare at Illawarra Sports High School includes all things the school community does to meet the personal, social and learning needs of students. The components of our welfare program are suited to all students regardless of cultural background, ability, religion, age, gender, sexuality or socio-economic status. This Welfare and Discipline Policy has been developed with extensive consultation with staff, students and community members.



## Anti-Bullying Program

Our school is committed to ensuring all students learn in a safe and nurturing environment where bullying will not be tolerated.

The school's anti-bullying procedures are detailed on our school website, displayed around the school and discussed regularly at year group meetings and at whole school assemblies.

## Vivomiles

Vivomiles is an online electronic points system. Students are awarded points for positive behaviour and points are redeemed online for prizes.



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# Discipline System

## BRONZE CATEGORY

**All students start on this Category.** Minor misbehaviours by students may lead to such consequences as detentions, specified seating arrangements, warnings or school service. Persistent minor behaviours will result in Green Category placement

### GREEN CATEGORY

This is used by **Classroom Teachers** to monitor students who demonstrate minor misbehaviours or persistent disobedience within the classroom.

Students will be monitored via **Green Card**. **Up to 10 points must be earned in each area Respect, Responsibility and Learning.**

**Appropriate consequences** will be issued and a **letter** will be sent home by the **Teacher**.

Failure to complete referred to HT of Year.

### YELLOW CATEGORY

**Issued and monitored by Head Teacher of YEAR** for more serious misbehaviours, persistent disobedience, uniform breaches and truancy.

Students are issued with a **Category Yellow booklet**, signed every lesson by staff, and signed each night by a guardian. The booklet will also be signed each day by the Head Teacher of Year Group..

Up to **60 points** needs to be earned in each of the areas of **Respect, Responsibility, Learning & Uniform.**

**Consequences** will be issued & a letter will be sent home by the Head Teacher of Year Group.

**Students will lose Category Gold or Category Diamond, where relevant and cannot represent the school on excursions or for Sport.**

### RED CATEGORY

This is **issued and monitored by Deputy Principals** for serious misbehaviours, persistent disobedience and aggression.

Students are issued with a **Red Card** and will be monitored by the Deputy. It will be signed every lesson by staff (who still issue consequences & referrals for misbehaviour).

Up to **60 points** needs to be earned in each of the areas of **Respect, Responsibility, Learning & Uniform.**

**Appropriate consequences** will be issued & a letter will be sent home by the Deputy Principal.

**Students will lose Category Gold or Category Diamond, where relevant & will not be allowed to represent the school on excursions or for Sport.** This level constitutes a "Warning of Suspension"

## SHORT SUSPENSION, LONG SUSPENSION AND EXPULSION

Short suspensions are for "**Persistent Disobedience**" and "**Aggressive Behaviour**"

Long Suspensions are for "**Serious Criminal Behaviour relating to the School**", "**Possession/Use of a Weapon**", "**Persistent Disobedience**", "**Possession/Use of an Illegal Substance**", "**Aggressive Behaviour**"

Deputy Principal's / Principal conduct **return from suspension interviews** and **facilitate resolutions.**

Senior Executive and HT Welfare will facilitate referrals to Counsellor, Welfare Team, LST, Suspension Centre, DoE Resources or External Support Services where appropriate.

### GREY CATEGORY

**Principal** monitors **Grey Card** for students who return from long suspension where possible.

**Deputy** monitors **Grey Card** for students who return from short suspension.

Up to **60 points** need to be earned in each of the areas of **Respect, Responsibility, Learning**

**Students will not be allowed to leave school for excursions or Sport**



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# School Facilities

## Classrooms

- Recently renovated, innovative, state-of-the-art science laboratories
- Industrial quality hospitality kitchen and café facilities for catering events
- Modern, well equipped kitchens and textile facilities
- A fully air-conditioned, well equipped and resourced high technology Library.
- Three well-resourced computer rooms supported by a 'whole school' network infrastructure
- An independent Learning Centre/Digital Media Centre
- An interconnected classroom facility to share online and video-conferencing facilities with other schools
- A music room equipped with whole class access to musical instruments
- A Conference Centre with Board Room and interview and assessment facilities
- Interactive white boards and data projectors in many classrooms that connect with student laptops for effective classroom delivery
- New Trade Training Centre fully equipped to teach students VET Metals and Engineering
- In 2015 Illawarra Sports High and the University of Wollongong created a CLOWD room. (Collaborative, Learning, Occupants, Working, Dynamically). This is a special classroom where all the walls are whiteboards and students are taught using 21st century learning techniques.



## Parents and Helpers Group

This group of interested parents of pupils of our school meets on the third Wednesday of every month at 9:30am in the School Library.

All interested adults are welcome to join the P&H group to discuss the school's many activities and to help provide the school with a variety of equipment not supplied by the Department.

The P&H needs the support of all parents and this can be achieved in many ways. Volunteering in various fundraising events, participating in the school canteen, and of course attending meetings where ideas and involvement will add a significant boost to student needs in the school.



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# School Facilities



## School Environment

- A recently constructed Café Deck built by Construction students with the support of Thomas Coffey and Sons. The deck is used for events such as regular staff cafés providing food and beverages cooked and served by hospitality students both junior and senior. Access to the deck was modified in 2012 linking with the purpose built hospitality kitchen and servery.
- Fully supervised playground areas designated as passive or active to accommodate different activities for students when on breaks.
- Recently upgraded school toilets
- Illawarra Sports High was successful as part of the Illawarra Partners in Education consortium in securing funding to upgrade our Metals training facilities into a **Trade Training Centre**. This upgrade was completed in 2013. By the improvement of these facilities our school hopes to build on the outstanding reputation of the Industrial Arts Faculty, by ensuring that students who enrol in the VET Metals courses will have the skills and knowledge necessary to compete favourably in the labour market.



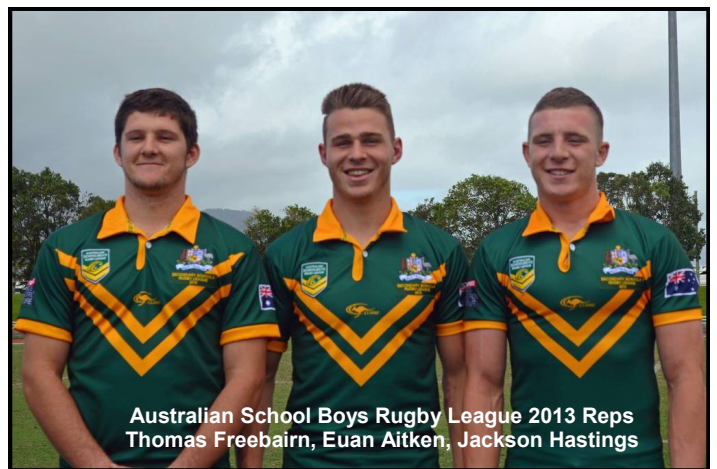
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# School Facilities

## Sporting

- Two full sized rugby fields with extensive floodlit capabilities
- Cricket nets and outdoor basketball courts
- Many top grade venues/grounds in close proximity to the school including: floodlit fields, indoor hockey stadium and Olympic swimming pool
- Fred Finch Park is 5 minutes from the school with high standard netball courts and baseball diamonds
- Beaton Park, Wollongong: international standard synthetic track and field venue
- A 2-court sprung floor basketball stadium with fully equipped exercise gymnasium and strength and conditioning room. The facility is used by the NBL AHM Hawks, NWBL Roller Hawks, and the NRL St George Illawarra Dragons. Students are able to train in the Strength & Conditioning room at recess supervised by qualified teachers.



Australian School Boys Rugby League 2013 Reprs  
Thomas Freebairn, Euan Aitken, Jackson Hastings



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