



Education & Communities

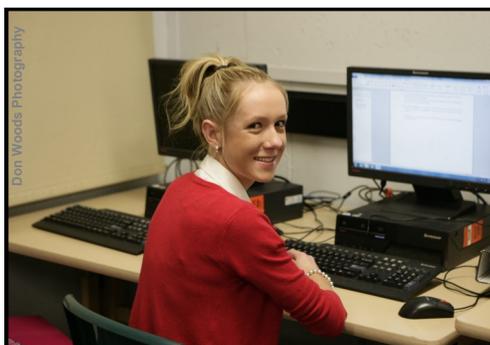
Public Schools NSW



ILLAWARRA SPORTS HIGH SCHOOL

2015 School Prospectus

www.illawaspor-h.schools@det.nsw.edu.au



Illawarra Sports High School is the only selective sports high school in the Illawarra-South East Region and provides both a comprehensive education for local students as well as catering for the special needs of elite sporting students who apply to attend our school each year.

Illawarra Sports High is situated on the northern shore of Lake Illawarra. 2015 enrolment is 710.

We set high expectations for students and staff thereby encouraging students to maximise their potential academically and socially and to pursue their individual talents, be that in Sport, HSIE, Visual Arts, Foreign Languages, Technology and Applied Studies (TAS), TABS, IT or Music. We do this by providing opportunities to develop skills that contribute to positive values and attitudes in preparation for learning while at school and as life long learners.

Our school provides the students of the Illawarra, and further afield, with the Talented Sports and Development Program. This program provides opportunities for elite athletes in a variety of selected sports. These sports include both individual and team sports for male and female athletes.



We promote high expectations for everyone associated with our school and have gained excellent support from the parents in our school community. Exclusive pathways and support from the University of Wollongong, TAFE NSW, St George Illawarra Dragons and Wests Leagues Club, have provided valuable assistance and pathways for our students.

Raechel McCarthy
Principal

“We set high expectations for students and staff thereby encouraging students to maximise their potential academically and socially and to pursue their individual talents.”
Raechel McCarthy
Principal



2015 Senior SRC Leadership Team

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Respectful Responsible Learners



About Our School

Illawarra Sports High School was established in 1956, the year of the Olympic Games in Melbourne. The Olympic Circle on the School Badge is a reminder of that event. The School was opened in temporary buildings in Smith Street, Wollongong, in 1957 with 320 pupils and 12 teachers. In January, 1958 the original concrete buildings were occupied, but were only completed that year. The Library and new Common Room Area were first used by the School late in 1992.

The School was designated as the Sporting High School for the Illawarra in August, 1996 and named Illawarra Sports High School in October, 1998.

The School colours of Green, Red and Gold were chosen by the original Staff and Pupils. The Green represents the countryside, the Gold the wealth of the area, and the Red the Illawarra Flame.



Integer Vitae—the wholeness of life



The School Badge

The gold star of the badge is meant to represent the Australian star.

The six points of the star represent the original six primary schools which first sent pupils to Illawarra Sports High School.

The boomerang recognises the indigenous people of the Illawarra.

The motto 'Integer Vitae' is Latin for 'The wholeness of life' and sets out the School's original objective; 'to cultivate every aspect of the young person'.

The circle on the badge also represents this completeness of purpose.

The wreath was added to acknowledge the change to a Sports High School.



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School Structure

School Uniform

Illawarra Sports High School prides itself on the promotion of a full school uniform for all students.

Details of the various uniform components can be found on the school's website. The supplier is Poppets Direct, an award winning Illawarra company that produces quality clothing at reasonable prices.

The school also offers limited support for disadvantaged families to assist them in maintaining the school uniform standards for their students. Application for assistance can be obtained from the Front Office and will be assessed by the Deputy Principals.

A strict adherence is especially required for footwear as Work Health and Safety requirements state that all participants in practical subjects must wear appropriate protective clothing. This is extended to the whole school for the protection of all students.



School Times

School starts at 8:25am with roll call and finishes at 2:45pm Monday, Tuesday Thursday and Friday. Wednesday finish time is 1:55pm. A whole school assembly is held each Monday before recess.

Punctuality is expected of all students at ISHS.

Deputy Principals



Michael Gerritsen

Kylie Wood

Chris Meizer

Student Representative Council

Council representatives are elected each year by their peers and staff. There are a total of 30 students, including an indigenous representative student, from across the school. They meet every day at roll call where they receive public speaking and leadership training, and the senior representatives meet weekly for morning tea with the Principal. The role of the SRC is to:

- Contribute to and participate in decision-making in their school
- Assist with school Presentation Days and host school and year assemblies.
- Fundraise for charities and students through various activities.
- Encourage students to be active citizens of the school community and have their ideas and opinions routinely sought and respected.
- Attend National Leadership Days and regional camps.

School Communication/Media

In keeping with our green policy, we have developed a school app to ensure our school community is well informed.



To download the app go to our school website:

www.illawaspor-h.schools.nsw.edu.au/newsletters-notes click on the link to download the school app to your Android or Iphone/Ipad or click on the link to subscribe to receive our newsletter/notes via email. Each school year has a folder within the app to assist our community with news of current events. In the event of emergency push alerts can be sent.

We have also have a school facebook page, Like our page to keep informed.



Elouera

Illawarra Sports High has 2 autism support classes known as Elouera. These students are an integral part of our school community and a student mentor program has been established where mainstream students volunteer lunch and recess time to provide peer support for our Elouera students.



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10 Reasons Why ISHS

1 Examination Results

The school allocates Year 10 grades in English, Mathematics, Science, Geography and History. Year 11 students are awarded grades based on performance descriptors. HSC results have seen our best students gaining entry to Vet-Science, Arts-Law, Mathematics, Commerce, Health Science, Journalism, entry to the defence forces, and double degrees combining Foreign Languages with Engineering or Human Resources. For the past 10 years, students have received excellent University Entrance scores. In 2012, School Captain, Blake Osmond received an ATAR of 96.9 and a \$100,000 scholarship to UNSW to study ARTS/Law.



2 Talented Sports Development Program

Our school offers an extensive array of subjects beyond the mandatory school curriculum and offer an extensive variety of Senior School courses to cater for traditional academic career paths and sports related Tertiary Studies. As a specialist high school all sport related courses and coaching are integrated into the school day. There is a large range of sports-related elective programs in addition to traditional non-sport electives.



3 Unique Facilities and Transport Infrastructure

Funding, as a specialist high school, has provided the school with a variety of facilities second to no other public school in the region. The school also has a network of minibuses used to transport students to events (whole school, not specific to sport) and also provides a pick-up and drop-off bus service to Unanderra and Cringilla train station for students who are out of area.

4 Volunteer Program

The Student Technology Leaders Program allows students who are interested in a career in IT to take a major leadership role in the school. Students create and deliver staff and student workshops to improve ICT skills and perform IT roles in the school: e.g. sound and lighting for Berkeley's Got Talent. Mrs Wood, Deputy Principal, also coordinates a student volunteer program for students serving in our Healthy School Canteen.



5 Literacy and Numeracy

State-based NAPLAN tests provide a basis for assessing literacy and numeracy levels. ISHS has included four timetabled periods per teaching cycle for students in Year 7 and 8 to respond to their progressive results measured by NAPLAN and provide additional support and teaching strategies to improve results in literacy and numeracy.

6 Targeted Academic Programs (TAP)

There is one TAP class (Targeted Academic Program) for academic high achievers in Year 7, one in Year 8 and one in Year 9. These class focus on higher order thinking tasks and teaching students thinking tools to extend their ability across all key learning areas.



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10 Reasons Why ISHS

7 Student Welfare

ISHS is a PBS school. PBS stands for Positive Behaviour for Success. The PBS program is all about equipping students with the social and behavioural skills required, so they can become respectful and responsible learners. One of the main focuses of our PBS program is to reward students who consistently do the right thing at school. For these students we have our achievement program. Students collect VIVO points that allow them to work towards categories; Silver, Gold and Diamond. Students who reach these categories are rewarded with certificates and excursions each semester. For those students who experience difficulty with their behaviour or learning, the PBS program provides a comprehensive system of support and interventions. Students are monitored and mentored by experienced staff and have access to a comprehensive range of support programs both within and outside of the school.

8 Asia Literacy Program

All Australian schools are to be linked to a school in Asia to support Asian language studies. Illawarra Sports High School is leading the way with our sister school partnership with MT Jamsaren School in Surakarta, Indonesia. Illawarra Sports High School is one of 80 schools around Australia embarking on a ground-breaking intercultural understanding project aimed at building a permanent bridge between our two cultures. The BRIDGE project - Building Relationships through Intercultural Dialogue and Growing Engagement was the only Australian entry shortlisted in the final 20 projects in the United Nations /BMW Award for Intercultural Innovation. This is a testament to the ground-breaking work being undertaken through BRIDGE. Initiated by the Australia-Indonesia Institute and the Asia Education Foundation, our school partnership project is funded by the Myer foundation and the Australian Government, through AusAID. School education needs to equip our young people to resolve global issues and in particular, breakdown stereotypes. To do this we need to work with our closest neighbours, speak each other's languages, understand our similarities and differences. BRIDGE aims to go beyond the classroom into communities and families, developing long-lasting connections. Illawarra Sports High School is proud to be acknowledged as an Access Asia School.

9 Citizenship and Self-Improvement



The school SRC participates regularly in Leadership Forums, the Young Leaders National Convention, The 'Friendship for Life' ceremony (Gallipoli), Rotary and Lions Competitions. Year 10 are trained in Leadership Skills, Year 11 with Study Skills, Stress Management and Self-Analysis programs and Study Hall tutoring and revision skills. The school also offers after-school tutoring for all students, usually on Tuesday/Wednesday afternoons. Study Hall is also available during Sport afternoons, where students are supervised to get homework completed or do extension reading within their chosen fields of interest.

10 Southern Stars & Berkeley's Got Talent

Every year students get the opportunity to display their musical, dancing and performance skills at Berkeley's Got Talent in the school hall.

The school also participates in the regional Southern Stars musical and dance concert.



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Curriculum Structure

STAGE 4 Years 7 & 8

The transition between primary school and high school requires a level of adjustment for all students. The program in Year 7 is designed to limit stress on students and build on the knowledge and skills developed in primary school.

Students are divided into two streams: the 'A Stream' and the 'B Stream'. All classes within each stream are of equal ability. Students remain in their base class for all subjects throughout the year except for Technology, Visual Arts and Music.

The subjects studied in Year 7 and 8 are shown in the adjoining table. These are 50 minute periods over a two week cycle with the number of lessons per cycle shown.

| | |
|---|---|
| ENGLISH | 8 |
| MATHEMATICS | 8 |
| SCIENCE | 8 |
| HUMAN SOCIETY AND ITS ENVIRONMENT History and Geography components | 6 |
| TECHNOLOGY MANDATORY | 6 |
| VISUAL ART | 3 |
| MUSIC <i>Year 7 Only</i> | 6 |
| LANGUAGES <i>Year 8 Only</i> | 6 |
| ENRICHMENT Literacy, Numeracy or TSDP | 4 |
| PERSONAL DEVELOPMENT/HEALTH | |
| PE | 5 |
| SPORT | 4 |

STAGE 5 ROSA Years 9 & 10

Throughout this stage students are still required to study mandatory subjects: English, Mathematics, Science, History, Geography and PDHPE.

The rest of the students study pattern is made up of electives. The elective programs offered change from year to year, as demand requires. Students choose **THREE** electives. **TWO** Board of Studies required electives and **ONE** interest elective. Currently in Year 9 and 10 students are studying:

BOARD REQUIRED

Commerce, Computing Studies, Electronics, Food Technology, Graphics, Industrial Technology Metal, Industrial Technology Wood, Multi Media Studies, Music, Physical Activity and Sports Studies, Textiles Technology, Visual Arts, Visual Design.

INTEREST ELECTIVE

Basic Catering, Child's Play, Computer Applications, Engineering, Exploring the World of Mathematics, Forensic Science, French, Spanish, Fun with Fabrics, History, Music, Preparation and Sporting Performance, Talented Sports Program (compulsory for TSDP students), Technology Electronics, Metalwork, Woodwork, Technical Drawing, Visual Arts Drawing and Sculpture.

STAGE 6 Years 11 & 12 Preliminary and Higher School Certificate

Students in Stage 6 have the opportunity to study the following courses.

English

Standard, Advanced, Extension 1 and Extension 2

Mathematics

General Mathematics, Mathematics and Extension

Science

Biology, Chemistry, Physics, Marine Studies, General Science

Human Society and Its Environment (HSIE)

Ancient History, Business Studies, Economics, Geography, Legal Studies, Modern History, Society and Culture

Technology and Behavioural Studies (TABS)

Community and Family Studies, Exploring Early Childhood, Food Technology, Hospitality

Industrial Arts

Engineering Studies, Industrial Technology, Information Processes and Technology, Construction

PDHPE

Personal Development, Health and Physical Education, Sport Lifestyle and Recreation, Sports Coaching

Visual Arts

Visual Arts, Photography, Visual Design



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Talented and Development Sports Program

The Talented Sports and Development Program offers many opportunities that do not exist at other comprehensive schools. Elite sports high only competitions

- Fully qualified, high quality, external coaching during school hours
- Access to excellent facilities such as a two court indoor stadium and a fully equipped strength and conditioning centre.
- Strength and conditioning coach for all sport programs
- Lectures and practical lessons at UOW
- Sports Leadership program
- Mini bus shuttle for out of area students
- Exclusive TSDP uniform and training attire
- Access to extra support to ensure academic progress is not hindered due to sporting commitments
- Physical Therapy Physiotherapist

TSDP Inclusive Curriculum

In Years 7 & 8 an enrichment program combining sport training and literacy and numeracy activities are offered to improve the performances of students in their chosen sport. This occurs during four timetabled periods and Thursday sport afternoon.

In Years 9 & 10 students have the opportunity to study their chosen sport over six periods per two week cycle. The students are timetabled for training and also complete related theory work.

Students in Year 11 and 12 are able to study Certificate II VET Sport Coaching combining this with their training on a Thursday sport afternoon.

Offered Sports

Football, Rugby League, Netball, Basketball, Baseball and All Codes (AFL, Oztag, Rugby League, Rugby Union, Touch and Track & Field) and Surfing.



Sporting Hall of Fame

ATHLETICS

Ryan Gregson (National & Junior World Championships – competed at 2012 London Olympics)

AFL

Aiden Riley (Adelaide Crows)

BASEBALL

Jarrett Commane (NSWIS)

Julia Fellows (Australian Womens Open)

Romea Fellows (Australian Womens Open)

Blake Hanley (NSWIS)

BASKETBALL

Jessica Duncan (NSW Country Basketball for Students with a Disability)

Talor Goodall (Wollongong Hawks)

Chris Jackson (College USA)

Daniel Jackson (Wollongong Hawks)

Anthony Labka (Australian All Stars Team)

Kane Riley-Henderson (Wollongong Hawks)

Deanne Tonkin (College USA)

BIKE RACING

Daniel Lavis (NSW Champion Downhill Bike Racing)

FOOTBALL

Caitlin Foord (Australian Matildas, Sydney FC)

Corey Gamiero (Fulham FC, UK)

Holly Ginger (Australian School Girls Soccer)

Vanessa Mann (College USA)

Justine Pasfield (Sydney FC)

IRONMAN

Matt Hiesley (Australian Titles)

KARATE

Chantelle Gibson (Australian Kyokushin Karate Champion)

Alex Milway (NSW Gold and Silver medallist in Karate)

NETBALL

Louisa Peralta (Sydney Swifts)

Paula Peralta (Sydney Swifts)

RUGBY LEAGUE

Damien Cook (Panthers)

Aidan Day (Cowboys)

Rhys Hanbury (Tigers)

Beau Henry (Dragons)

Josh Kent (Bulldogs)

Keith Lulia (Newcastle)

Trent Merin (Dragons)

Pat Moulton (Wests)

Travis Roche (Dragons)

Josh Starling (South Sydney)

Brett Stewart (Manly)

Glenn Stewart (Manly)

Luke Turner (Bulldogs)

Joe Vickery (Dragons)

Shannon Wakeman (Dragons)

RUGBY UNION

Andrew Barrett (NSW Waratahs)

SWIMMING

John Neall (Bronze medallist Australian Open Water Swimming Championships)

TAEKWONDO

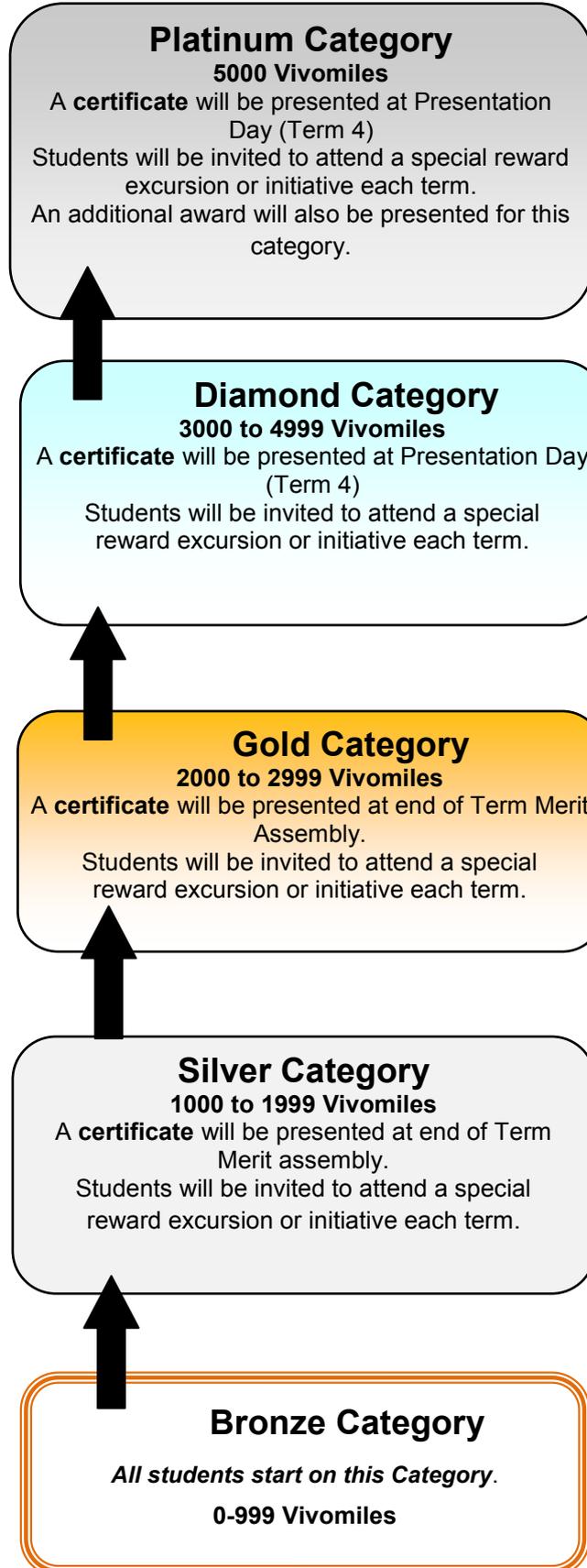
Jo Campbell (Gold NSW Taekwondo)

Daniel Gutierrez (Silver NSW Taekwondo)

Elicia Tjong (State Champion Taekwondo)

Rewards System

Acknowledgement of Positive Behaviour and Achievements



Student Welfare

Student Welfare at Illawarra Sports High School includes all things the school community does to meet the personal, social and learning needs of students. The components of our welfare program are suited to all students regardless of cultural background, ability, religion, age, gender, sexuality or socio-economic status. This Welfare and Discipline Policy has been developed with extensive consultation with staff, students and community members.



Anti-Bullying Program

Our school is committed to ensuring all students learn in a safe and nurturing environment where bullying will not be tolerated.

The school's anti-bullying procedures are detailed on our school website, displayed around the school and discussed regularly at year group meetings and at whole school assembly.

Vivomiles

Vivomiles is an online electronic points system. Students are awarded points for positive behaviour and points are redeemed online for prizes.



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Discipline System

BRONZE CATEGORY

All students start on this Category. Minor misbehaviours by students may lead to such consequences as detentions, specified seating arrangements, warnings or school service. Persistent minor behaviours will result in Green Category placement

GREEN CATEGORY

This is used by **Classroom Teachers** to monitor students who demonstrate minor misbehaviours or persistent disobedience within the classroom.

Students will be monitored via **Green Card**. **Up to 10 points must be earned in each area respect, responsibility and learning.**

Appropriate consequences will be issued and a **letter** will be sent home by the **Teacher**.

Failure to complete referred to HT of Year.

YELLOW CATEGORY

Issued and monitored by Head Teacher of YEAR for more serious misbehaviours, persistent disobedience, uniform breaches and truancy.

Students are issued with a **Category Yellow booklet**, signed every lesson by staff, and signed each night by a guardian. The Card will also be signed each day by the Head Teacher of Year Group..

Up to **60 points** needs to be earned in each of the areas of **Respect, Responsibility, Learning & Uniform**.

Consequences will be issued & a letter will be sent home by the Head Teacher of Year Group.

Students will lose Category Gold or Category Diamond, where relevant and cannot represent the school on excursions or for sport.

RED CATEGORY

This is **issued and monitored by Deputy Principals** for serious misbehaviours, persistent disobedience and aggression.

Students are issued with a **Red Card** and will be monitored by the Deputy. It will be signed every lesson by staff (who still issue consequences & referrals for misbehaviour).

Up to **60 points** needs to be earned in each of the areas of **Respect, Responsibility, Learning & Uniform**.

Appropriate consequences will be issued & a letter will be sent home by the Deputy Principal.

Students will lose Category Gold or Category Diamond, where relevant & will not be allowed to represent school on excursions or for Sport.

SHORT SUSPENSION, LONG SUSPENSION AND EXPULSION

Short suspensions are for "**Persistent Disobedience**" and "**Aggressive Behaviour**"

Long Suspensions are for "**Serious Criminal Behaviour relating to the School**", "**Possession/Use of a Weapon**", "**Persistent Disobedience**", "**Possession/Use of an Illegal Substance**", "**Aggressive Behaviour**"

Deputy Principal's / Principal conduct **return from suspension interviews** and **facilitate resolutions**.

Senior Executive and HT Welfare will facilitate referrals to Counsellor, Welfare Team, LST, Suspension Centre, DET Resources or External Support Services where appropriate.

GREY CATEGORY

Principal monitors **Grey Card** for students who return from long suspension where possible.

Deputy monitors **Grey Card** for students who return from short suspension.

Up to **60 points** need to be earned in each of the areas of **Respect, Responsibility, Learning**

Students will not be allowed to leave school for excursions or Sport



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School Facilities

Classrooms

- Recently renovated, innovative, state-of-the-art science laboratories
- Industrial quality hospitality kitchen and café facilities for catering events
- Modern, well equipped kitchens and textile facilities
- A fully air-conditioned, well equipped and resourced high technology Library.
- Three well-resourced computer rooms supported by a 'whole school' network infrastructure
- An independent Learning Centre/Digital Media Centre
- An interconnected classroom facility to share online and video-conferencing facilities with other schools
- A music room equipped with whole class access to musical instruments
- A Conference Centre with Board Room and interview and assessment facilities
- Interactive white boards and data projectors in many classrooms that connect with student laptops for effective classroom delivery
- New Trade Training Centre fully equipped to teach students VET Metals and Engineering
- In 2015 Illawarra Sports High and the University of Wollongong are creating a CLOWD room. Collaborative, Learning, Occupants, Working, Dynamically is a special classroom where all the walls are whiteboards and students are taught using 21st learning techniques.



Parents and Helpers Group

This group of interested parents of pupils of our school meets on the third Wednesday of every month at 4:00pm in the School Library.

All interested adults are welcome to join the P&H group to discuss the school's many activities and to help provide the school with a variety of equipment not supplied by the Department.

The P&H needs the support of all parents and this can be achieved in many ways. Volunteering in various fundraising events, participating in the school canteen, and of course attending meetings where ideas and involvement will add a significant boost to student needs in the school.



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School Facilities



School Environment

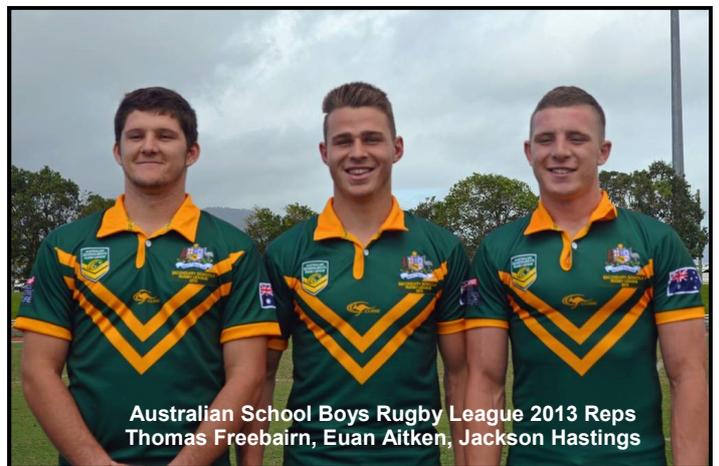
- A recently constructed Café Deck built by Construction students with the support of Thomas Coffey and Sons. The deck is used for events such as a regular staff cafés providing food and beverages cooked and served by hospitality students both junior and senior. Access to the deck was modified in 2012 linking with the purpose built hospitality kitchen and servery.
- Fully supervised playground areas designated as passive or active to accommodate different activities for students when on breaks.
- Illawarra Sports High was successful as part of the Illawarra Partners in Education consortium in securing funding to upgrade our Metals training facilities into a **Trade Training Centre**. This upgrade was completed in 2013. By the improvement of these facilities our school hopes to build on the outstanding reputation of the Industrial Arts Faculty, by ensuring that students who enrol in the VET Metals courses will have the skills and knowledge necessary to compete favourably in the labour market.



School Facilities

Sporting

- Two full sized rugby fields with extensive floodlit capabilities
- Cricket nets and outdoor basketball courts
- Many top grade venues/grounds in close proximity to the school including: floodlit fields, indoor hockey stadium and Olympic swimming pool
- Fred Finch Park is 5 minutes from the school with high standard netball courts and baseball diamonds
- Beaton Park, Wollongong: international standard synthetic track and field venue
- A 2-court sprung floor basketball stadium with fully equipped exercise gymnasium and strength and conditioning room. The facility is used by the NBL AHM Hawks, NWBL Roller Hawks, and the NRL St George Illawarra Dragons



Program Ambassadors

- Trent Merrin
St George Illawarra Dragons
- Sally Fitzgibbon
World Renowned Surfer
- Bec Bulley
Australian International Netballer
- Corey Gameiro
Sydney FC A League Player
- Mick Lowe
World Renowned Surfer

Proudly Supported by...



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